

# #Ep.30 Daring to Be Different: Rebecca Muriuki on Redefining Success and Living Your Values

**Rebecca:** [00:00:00] I need to work on my inner self. I need to change, shift my source of self-worth from external applause, validation, and I need to start looking for it from within.

**Wambui:** Hi. I am Wambui Mburu, a corporate girl who also has multiple passions. When I'm not at my nine to five, I spend time focusing on growing my small side business that I love.

I created 'From Stuck to Unstoppable' podcast to give you simple, actionable strategies to help you get unstuck from limiting beliefs and find your purpose. If you're a professional, a nine to fiver or an aspiring entrepreneur and are looking to get out of your comfort zone, use your God-given talents and passion.

You, my friend, are in the right place. Let's get started.

Welcome back [00:01:00] to another episode of 'From Stuck to Unstoppable' podcast. I'm your host, Wambui Mburu, and today I'm joined by the incredible Rebecca Muriuki. Rebecca's journey is a powerful example of what it means to live in alignment with your purpose, from navigating moments of self-doubt, to stepping into spaces where she once felt that she wasn't good enough.

Rebecca has redefined what leadership means to herself, and she is inspiring other women to do the same. So without further ado, help me welcome Rebecca. Hi, Rebecca. It's so nice to have you on my show.

**Rebecca:** Hi Wambui. Thank you so much. I feel so honored to be here with your listeners on your incredible Stuck to Unstoppable podcast.

**Wambui:** Oh, you are welcome. Uh, so tell me, when people ask you, tell me a little bit about yourself, what do you tell [00:02:00] them?

**Rebecca:** Uh, that is such a good question. Sometimes I get tongue twisted, but I am a corporate exit and human design wealth mentor for women professionals who want to redefine what success means and really want to step away from

climbing the corporate ladder and do so in a way that they can actually confidently exit their corporate jobs without losing income.

That's what I do in a nutshell, I am an ex-associate director at one of the big four audit firms. I am also a mom of three, which we all know is a full-time job. Um, and I also have a partner that I live with.

**Wambui:** Awesome. Yeah. That's a full-time job being a mom. Yes. I was there. I applaud you. Beautiful. Yeah. So tell, tell us a little bit about the path that led you into being the first of all, and we'll talk about the human design and to really what you [00:03:00] do.

What was the path?

**Rebecca:** Oh, yes. I, uh, we were just talking before we went live about evolution and I was a stickler for climbing up the corporate ladder. In fact. I actually had a very successful leadership coaching program before I decided to call it quits and really step into a new meaning of life that was in alignment with my values.

So back in 2020 when I had my twins, so two of my kids are twins, I had a lot of time with them because obviously it was lockdown. People were not allowed to visit. And there were so many like points of reflection about whether I truly want to be doing what I am doing. 'cause I could see the path to partnership, which is the typical path to, you know, climbing up the ladder in a big four or corporate consulting firm, and I [00:04:00] could see the lives that the partners were living. And I knew I didn't want that life, but I kept telling myself, just one more promotion. Get yourself to director and then you can call it quits. And you know, fate was not meant to be that way. But I really think I started to feel a pull in creating and designing a life that was in alignment with my values because more and more as I continued in that corporate trajectory, my values took a backseat.

And that is, you know, family, fun, travel freedom. And really, I would say freedom encapsulates what I believe life should look like for every single woman out there. I cons, I just increasingly felt like my job was enclosing me and it was great for, you know, a good long run, like a good decade. It was great.

You know, achieve breaking ceilings, breaking barriers, achieving things that I [00:05:00] never thought I would achieve as a young, you know, black woman in a predominantly, first of all, the profession I'm in is predominantly male and

predominantly white male in this part of the world. Um, I'm a qualified actuary and so it was a good run until.

I just started feeling that pull for more, that my life was meant to be more than just working 12 hours every day, delivering PowerPoint decks, showing up all smart in board meetings and answering questions and you know, looking smart and everyone looking up to you. Um, and that's not to say that it's a bad thing, it's just that .

Life evolved for me and as I continued to sort of lean into that pool, I realized, okay, I can actually do more and be more than just my title. And that is how I ended up leaving my corporate job after, you know, working there for almost eight years, leaving a very high [00:06:00] paying, highly rewarding, job as an associate director leading a huge team and, you know, as a qualified actuary and yeah, pivoting and pursuing this part of my life as we know it now.

**Wambui:** Awesome. Wow. Quite the journey. Yeah. So who inspired you to, be the person that you are? It sounds like you're very ambitious, climbing up the corporate ladder in a, you call it the big four, right?

**Rebecca:** Yes. It is the big four.

**Wambui:** Yeah.

**Rebecca:** Yeah, I would say it's, so many people. First of all, I've had a very strong support system throughout my adult life, and I'm so grateful for it.

So my partner played a huge role in encouraging me, that I could do it. I came from, a typical background of African parents who were very pro-education, very pro like only the best will do. Yes. Which I don't know if I want to. You know it,

**Wambui:** I [00:07:00] know it. I'm one of those kids from those parents who it was all about education and my parents are anyway.

Mm-hmm. Go ahead.

**Rebecca:** Yeah, exactly. Exactly. And it served me well, I would say the first sort of 18 to 20 years of my life. But then. When I got into the corporate world, you know, it, it was tough. So I started off in South Africa, and as I mentioned, predominantly white male environment. I was the only black woman in the team.

And so in a way, it fueled me to think, you know what, not only am I going to first of all qualify as an actuary, which is really, really hard or challenging to do, I am going to. Be so successful that people are going to ask me, how did you do it? And I wanna bring so many women with me, so many women of color with me in this elevator as I climb up to the top.

So there was a lot of sort of fuel that I wanted to just [00:08:00] prove to the world that women like me were just as smart, just as capable, just as deserving as all the other people I saw in the room. And, for a good five years of my career, that was sort of what motivated me.

And then it shifted, right? It shifted, particularly when I started now thinking about more like what else is there for me besides corporate? And that's when I deliberately, so up till then there were just people who appeared in my, who were in my life. By default, like my partner, my parents, who supported me, and of course just being in that environment.

And then after that, I then had to deliberately put myself in rooms where people were building life differently because up till that point, I did not know anyone who left a high paying successful corporate career to venture into working for themselves. You know, I did not [00:09:00] know anyone who had built a successful business, for example.

There was no one to emulate that for me. And so I had to deliberately put myself in rooms, where people were having those kind of conversations. And that's where I started my journey of, sort of deliberate personal development or paid personal development. And , I really look up to some of the women that I have worked with who have built incredible movements, incredible, coaching businesses.

Some of them have gone into consulting, left very high paying fortune 200 companies and built incredible, results. And I think I look up to those women as much also because they have upheld their values for family for. You know some of the things that I also uphold, freedom. While pursuing all those things, which up to that point, it almost felt like you had to trade, like, climbing up the corporate [00:10:00] ladder.

It, it felt like a trade. Like if you wanna go up, 'cause you know your time is limited, right? Yeah. If you wanna climb up the corporate ladder and your boss calls you at 5:30 to prepare a PowerPoint deck for tomorrow, first of all, that means my kids are not gonna see me for dinner. They're not gonna, I'm not gonna tuck them in.

And there's a chance that I won't be able to drop them off to school. And I mean, I think those are some of the realities that women face as they climb up that ladder. And I'm not saying it's wrong, I'm just saying if it's not in aligned with your values, then you need to start thinking of whether you need to think differently and redefine what success truly means to you.

So I know that's a long answer to the question you asked, but yeah, that's where I've drawn my inspiration from.

**Wambui:** That's good. It's a good long answer. It's good. There's no long answers here. Very good. Awesome. Yeah. So you are in these spaces where you are the only black woman, right.

How did you navigate, did you [00:11:00] sometimes ever feel imposter syndrome or self-doubt in these spaces?

**Rebecca:** A lot. Yeah. A lot. Especially in the first few years of my career. Mm-hmm. Because I wasn't ex, first of all, I wasn't expecting it, you know, and up to then I was a, I was in rooms where I was always being applauded, right.

My grades got me the applause, the sort of recognition. And when I got into corporate, not only was it a rude awakening that hard work was not going to get me very far. But again, there was now this gender and this race difference that I had to deal with. And so I had a lot of questions initially about was I just being cherry picked, sort of to be the trophy girl in the team so that they could showcase.

Yeah, we've got diversity in our team and it's just. One black woman. Um, and so that was sort [00:12:00] of a chip on my shoulder for I would say a good few years in my career until I started. Intentionally working on my personal self-development because up until then I had drawn a lot of my validation from external achievements, and when you are in a space like that, that validation is not going to give you the confidence.

Right. Yeah. Because it's not even there, right? People are not recognized because, everyone else is working hard. Everyone else up to that point is nearly qualified or a qualified actuary. So qualifications hard work really is not enough. And I think also the conditioning. In the way I was raised also played a role in me not being as visible as the other people in the room.

Right. You know, how we're taught to,

**Wambui:** how was that conditioning? Yeah. Mm-hmm.

**Rebecca:** Yeah. So how we're taught to sort of not speak back [00:13:00] to elders, you know, not, you are kind of, people don't say it, but it kind of implies you shouldn't challenge. What someone who is senior to you says, and in a, especially in corporate consulting, that is like total opposite of how to get ahead.

You know, people, they get ahead by imposing their ideas, sharing their opinions. Very strongly. And not being afraid.

Yeah, exactly. Not being afraid to challenge senior leadership, because that's how we eventually create really great solutions for our clients. Because the partners don't have all the solutions, right?

That's why they hire people like us as analysts and consultants. So that also really affected my self-confidence. In the earlier stages of my career until I started to realize, okay. I need to work on my inner self. I need to change, [00:14:00] shift my source of self-worth from external applause, validation, and I need to start looking for it from within because I am worthy and I am not in.

I had to start believing I was not in that place because of my race. Right. I had to start believing that I was just as good enough, just as deserving whether people were saying it or not. And it takes a lot of mindset shifts and it really takes a lot of intentionality in sort of doing that in a work.

**Wambui:** For sure. And there are women who are particularly not, wanting to leave their nine to five. They may want to still stay in their nine to five in the corporate jobs, and they're struggling with that kind of, within self-doubt. What tools would you give them? And I know you've talked about intentionality.

What would you advise for those women who sometimes want to step into spaces where they feel like they're not good enough or would you advise them? [00:15:00]

**Rebecca:** Yeah. First of all, I also coach some of my clients and there's some clients who I'll advise and be like, you need to stay in corporate for at least another 10 years.

So corporate exit doesn't mean I'm helping you quit next year. This could be like a 10 year plan and eventually everyone will leave, but while you are still in that space. It's like the mindset work, I would say it's 80% and then 20%, all the other stuff. Your perception in other people's eyes is gonna be so key in you

being able to self-promote yourself so that they can see you as worthy of that next leadership step way more than how many deliverables you are able to punch through.

And that comes from doing this inner work, right? Doing this personal development. If you've never done it intentionally, don't wait for your corporate employer to send you on a training. Start, listening to YouTube or watching YouTube videos where [00:16:00] people are talking about these things. And really working on that, your subconscious mind and thinking, because that's going to be your big, it's gonna be your biggest asset, but it's also gonna be your biggest self saboteur if you're not intentionally working on it.

**Wambui:** For sure. Yeah. We are our own. Everything we have is within us, and yet also we are our own. Mm-hmm. Worst, I don't know wanna say enemies, but we can sabotage a lot. And I know, there are many. So I've worked with leaders. I see that where, the, people don't want maybe to speak up in meetings, but they really.

Like you said, it's all about, validating yourself first and knowing that you are worthy to be in that space, so

**Rebecca:** Yes, absolutely. I was saying that's also where like human design came in because, for the earlier years when I was doing my personal development work, I, leaned into teachings of, you know, people like Bob Proctor.

**Wambui:** Mm-hmm. [00:17:00]

**Rebecca:** Tony Roberts, which is great, but then I felt that the advice was also generic to some point. It's a great starting point, but it also felt very like a lot of blanket generic advice that I knew there must be something that is customized or personalized 'cause we don't all have the same things that we need to work on internally.

Every single one of us has different strengths, different challenges, different life lessons, and that's where now human design came in to really illuminate where were the areas of self-sabotage. Where were the areas of my strengths that I needed to amplify sort of my superpowers and how I was here to lead and to create an impact and how others are meant to experience me, not in a way where I am forcing someone else's advice on, how to show up and be visible in [00:18:00] work.



And that's where the magic of human design came into my life.

**Wambui:** That's awesome. So in your coaching program, you use human design?

**Rebecca:** Yeah, so it's up and coming. I actually cross human back in COVID when I really started to be very intentional on my personal development. But then I was like, how can this system tell me who I am just based on my birth data?

So I dismissed it and then it came back into my life a few years later when one of my coaches re-introduced it in her programs. But human design is basically an experiential tool that shows you how you are meant to create income impact in the world in a way that you are not working against yourself.

In a way that is in quote and quote alignment. I know that word alignment is used like it's such a cliché word, but how do you actually show up [00:19:00] and utilize your gifts in a way that makes you seen uniquely, right? Because we are all made uniquely, and that's what human design is all about. The source, or it comes from many different sort of ancient philosophies, quantum physics, astrology.

Some people like to say it's a combination of Myers Briggs and astrology, but it's really a typing system that I have not found any other personality tool superior to human design that shows you your superpowers, your character traits, the areas where you're meant to learn your life's biggest lessons from others around you.

Where you need to be aware of other people's projections on you, where you could easily be influenced and swayed. It even gives you a blueprint on how to make empowered decisions. So, it's such a beautiful system that is unique to each person, and I am yet to come across any client of mine where I have ran their [00:20:00] human design and they're like, no, this is not accurate.

Oh, wow. Every single client is like, how? Do you know, like how does this thing know this about me? My mind? Yeah. Yes, exactly. Yeah.

**Wambui:** That's awesome. Yeah. I believe, in using tools, even, I mean, I do use disc, the disc tools. I don't know, are you familiar with disc?

**Rebecca:** Yes, I have heard of it.



**Wambui:** I believe in use in using, tools, so for that self-awareness.

So, but it, you know, that human design seems like it's more very scientific. And is it almost like, new non linguistic programming as well? Is it NLP? Are you familiar with NLP? Tony Robbins uses NLP.

**Rebecca:** Yes, I am familiar with NLP. I wouldn't say it's similar to NLP, but when you do understand human design, you can use NLP in a way that is more effective for your clients as opposed to just trying to [00:21:00] impose specific sort of tools for your clients to reprogram their mind, that's where I find human design unique in that you can actually use it as a complimentary tool to the other tools in your toolbox. If you are sort of a psychology or a coaching practitioner.

**Wambui:** Got it. Very good. Awesome.

And so how has it been since you left your leap from corporate. How has it been in your world, in your life? What's going on?

**Rebecca:** Yeah. Well, not the answer that, some of your listeners might expect, but the first few months, I would say the first three to six months were really challenging in the sense that I did not expect.

To go through an identity, I don't wanna call it identity crisis, but it was a huge identity shift. Yeah. You know, being in corporate for 12 years, being, having that title, having a big employer [00:22:00] brand next to you. It impacts how you see yourself, right? And you somehow attach yourself with all those things and when all that is taken away from you, the team is taken it wasn't taken away from me.

I decided to step away. Yeah. I didn't realize how much of my identity was wrapped up in the title, in the corporate name. And realities like people are no longer calling you as much as they were in your, when you were in corporate. You're no longer being needed as much as you were in corporate and sort of having to redefine my identity took definitely took longer than I even, that was definitely not the thing that was top of my mind when I thought about the biggest challenges that I was going to experience in the journey.

I thought that it was all going to be about the finances, like was I going to be able to sustain [00:23:00] the income sources that I had started to build on to replace my income? So that is something that I also work with a lot with my clients, even while they are still in corporate, and really start to help them create

an independent identity where they are not, again, their confidence is not tied to the title they have or the employer where they work, it's from within, right? Regardless of whether those things are there or not. And that's something that, you know, I still am working towards every single day since I left very intentionally. I think the freedom is one of the things. As I said, it's my, one of my biggest values.

That has been the biggest blessing for me. Just being able to design my calendar, not having to do teams calls back to back on a Monday. Those are some [00:24:00] of the biggest blessings of working for myself, but it also comes with a lot of responsibility, right? Because sure, unlike corporate, where you have a boss who maybe is checking in on you, you sort of have accountability.

Even though you are a self responsible woman, there are those guardrails that exist is like invisible guardrails. But now when you're working for yourself, it's all gone. No one is following up with me. Even with the corporate clients I have, no one is checking in to see whether I have done the work.

I have woken up and actually come to my desk to do the work. And so that level of discipline of focus, of self-accountability is so much more than I thought was required when I was back in corporate looking on the other side.

**Wambui:** So how do you do it? How do you keep yourself accountable?

**Rebecca:** Self-awareness. So really understanding my human design and [00:25:00] what are those potential in human design, we call them shadows, sort of those low frequency areas of your design that could pop up and affect you. And just understanding the triggers. So for me, for example, in human design, I am what is called a projector.

Okay. I am not created or meant to work like long hours every single day. My best work comes from short bursts of work. Doesn't mean I shouldn't work eight hours a day. It just means I need to be very aware of protecting my most productive hours every day because that's where my best work is going to come from.

And so I have had to redesign my workday so that my sort of corporate consulting hours come straight on in the morning. So eight to 12, I am literally just doing deliverables for my corporate consulting contracts in the afternoon. That's when I do all the other things. You know, [00:26:00] building this coaching business that I'm doing now, um, I also have properties that I manage.

I get that done first and foremost because the properties and the consulting contracts, those are my two sources of income. So it's. Small things like that, which we probably know, but I think because I've understood my human design, I have understood how much more important it is for me than maybe someone else who is able to do those work hours, shift 12 hours, day in, day out on, work that they are happy or fulfills them, which is very different to how I'm meant to work.

So it's really understanding those potential sort of areas where I could self sabotage, being very aware of them, but also having accountability that I, sometimes you just have to ask, right? Because like in corporate I said it's. Or the guardrails are there. So here [00:27:00] I have had to create friendships where we have that accountability aspect.

I still do, I will always do coaching and I'll always have a mentor in my pocket that I can lean on. Having those people to sort of. It's not necessarily hold me accountable, but that I can see as well, I've invested in this mentorship program. I better show up, I better do the work. I got to do what I committed to doing in order to see the results.

Which, and I don't think there's any shame that you should never feel like you, there's something wrong with you in having to seek accountability to get things done because the world's richest people do it. They just don't talk about it as much, or maybe they don't talk about it as directly.

But I have found a lot of value in deliberately building in those accountability systems.

**Wambui:** Yeah, [00:28:00] I believe, uh, mentorship and coaching. I mean, it doesn't matter what, level of coaching you are in. I think we should all have coaches. Every coach should have a coach and a mentor, right? Yes. Yes.

And that community is very important, for building accountability and just, sharing ideas. That's very exactly. Yeah, exactly. Very good. So, wow, there's a lot to, I am just enjoying this conversation. So again, this, program or this podcast is called 'From Stuck to Unstoppable', and there are those, women who obviously want to, still stay in their nine to five in corporate.

What advice would you give them, especially about burnout, how to avoid burnout out? What would you, what do you have for them?

**Rebecca:** Yes, very good question. I think the first thing is to be aware and to give yourself grace. I only realize I, I didn't mention this earlier when you asked the question about the [00:29:00] biggest shifts, but I only realized I was experiencing burnout literally like a month after I left my corporate job.

And it took almost a year. I am still trying to recover from it. It's been 14 months since I left. I am still recovering from the symptoms of that sort of long, drawn out burnout that I was going through because while I was in corporate, it was almost like no one ever talked about it, by the way.

**Wambui:** Yeah.

**Rebecca:** It was kind of like seen as a weakness and I think that's where as women. We need to re-look at. Yeah, and how we see burnout because it's actually a sign that you're performing very well. Most of the time you've just gone into extreme over performance drive and now it's affecting your wellbeing and potentially your health.

So I would say just give yourself grace. Right? And also notice the signs for [00:30:00] me. The signs started creeping up while I was serving my notice. I had a lot of inflammation that just came from nowhere. I was not sleeping as well as I usually do. And that's when sort of the warning signs or those bells started ringing like, okay, there's definitely something wrong.

And when I started having conversations with, some of my, friends and support system, that's when they helped me identify what I was experiencing as burnout and I initially I wanted to sort of, I didn't want to accept it. So I think it's giving yourself that grace, noticing those signs in your health and wellbeing patterns, and also in your relationships, your relationships.

Especially your significant relationships are the ones that suffer the most when corporate women are going through burnout. So notice when there are visible changes, maybe you've not spent, maybe you've canceled the last few [00:31:00] date nights in the last few months, for example, because of work, and how is that affecting your relationship?

Maybe you've not been spending as much time with your kids in the evening, and then the journey to recovery. I think it also depends on how extreme that level of exhaustion is that you're experiencing. On the extreme case, you might need to take a sabbatical time off, and how do you start planning for that, especially financially, so that you are able to take time off without a big hit or dent on your lifestyle.

That's on the extreme end. On the other end, what I found to be really helpful, particularly in the last few months of my corporate career was finding joy in small things that I could put into my work days and my weekends. So I remember one of the things I started doing very religiously was tennis on Wednesdays at [00:32:00] five o'clock.

And I would, I blocked my calendar literally 5 to 6:30, no one could put in calls, right? And sometimes it meant having calls afterwards. I was okay with that because I was finding joy in short moments of time in something that I really enjoyed and every time I did tennis, like I just felt sort of this burst of energy.

I enjoyed it, it was fun competitive, I love winning. So I really found a lot of joy from that and I think many corporate women, and I see it even with my clients, I ask them like, what are your hobbies? They're like, I don't even remember what my hobbies are 'cause I don't even have time for them.

So what are those things that, light you up and maybe it's time to do that sort of energy audit. What are the things that light you up? Currently, if there's nothing, then what are the things that you used to do, that you couldn't bring back, right? Not necessarily things that are going [00:33:00] to take so much time, and what are the things that drain you, that you have control over, that you could replace those things with the energy givers. So that's definitely an exercise that helped me, just finding space to do those things. And then being very protective over my rest times. So I started to track how many hours of sleep I was getting in. I started to be very deliberate about the last hour before I went to bed.

And I started to be very, very protective over that time. Which sometimes is hard to do, especially if you're in a busy period in your corporate job. But when you can do it, like on weekends, just be so intentional about it instead of, being on TikTok, scrolling for an hour and then struggling to sleep afterwards.

**Wambui:** So true. Having boundaries, and I like that auditing of [00:34:00] your energy where that does that. And I, I believe energy is needed, especially our physical bodies need that energy so we can apply it into other areas of our lives. So I like the fact that you block time for your tennis. Sometimes what I do is just, if I'm tired of sitting down, I just kind of dance and do things and be crazy and all that, just to bring,

**Rebecca:** I love that.

**Wambui:** To bring the energy. Oh, this is a very good, chat with you, Rebecca, and I'm gonna have you back again, if you don't mind, but I would like for you

to tell our listeners where they can find you. And one more question before we say where we can find you. I know you like to travel.

**Rebecca:** I do a lot.

**Wambui:** So there was a billboard in Paris, which is your favorite destination, correct me?

**Rebecca:** How did you know, you did your research,

**Wambui:** I did my research, if there was a billboard in [00:35:00] either Nairobi or Paris, with millions of people to look at. What would that look like? What would you like it to say about Rebecca?

**Rebecca:** Oh wow. That is a very profound question. What I would like it to say about me. So it's like they are showcasing me.

**Wambui:** Mm-hmm. Mm-hmm.

**Rebecca:** She dared to be different and she dared to live out her values.

**Wambui:** I like that

**Rebecca:** and brought other women with her. Something like that.

**Wambui:** Oh, awesome. Dared to be different. Lived her values and brought others along. And I think that's what you're doing with others. I see that with your, even with the program that you have.

So now tell us where we can find you.

**Rebecca:** Yes, absolutely. So I have a [00:36:00] special gift for your listeners.

**Wambui:** Okay.

**Rebecca:** It is a private podcast series. That's the best way to connect with me. It is called, 'The New Economy'. So go to [richwomenrevolution.com/podcast](https://richwomenrevolution.com/podcast) and in this podcast series. I really help you understand the new ways of earning money without necessarily being tied to a paycheck, right?

Every one of us, I am sure, wants financial freedom, whether you intend to stay in your corporate job for five months, five years or 20 years. And this private training series is really going to a short burst of audio notes you can listen to in traffic on your way to work is really going to open up your mind to the new way of earning and of truly stepping into your next level of living, in a way that is in alignment with your values.

And without necessarily [00:37:00] having to lose out on your income. And I talk about human design in this series, and I have a few goodies in there as well, including, financial Freedom Tracker that your listeners can use to start to work on their goals to that financial freedom that I know we all want.

**Wambui:** I like that. So we're gonna put that in our show notes, the link to that, product. And then, yeah, I believe that we all need, I mean, I, not all, maybe not all of us, but I think it's important to have multiple streams of income. So nothing wrong about that.

**Rebecca:** Yes. Yes. And we're all going to leave corporate one day.

No one is gonna stay in corporate forever. So start planning for your life outside of corporate now.

**Wambui:** Right? Oh yeah. Very good. Awesome. Thank you so much for having this chat with me, Rebecca. I really appreciate it.

**Rebecca:** Thank you so much, Wambui for having me.

**Wambui:** So there you have it. Rebecca reminds us that [00:38:00] living authentically isn't something that we stumble upon.

It is something that we must embody even in the face of self-doubt. I hope you're walking away energized and inspired as much as I want. So share this podcast with a friend. Share it with someone you think might benefit from and leave us a comment. And until next time, take care.